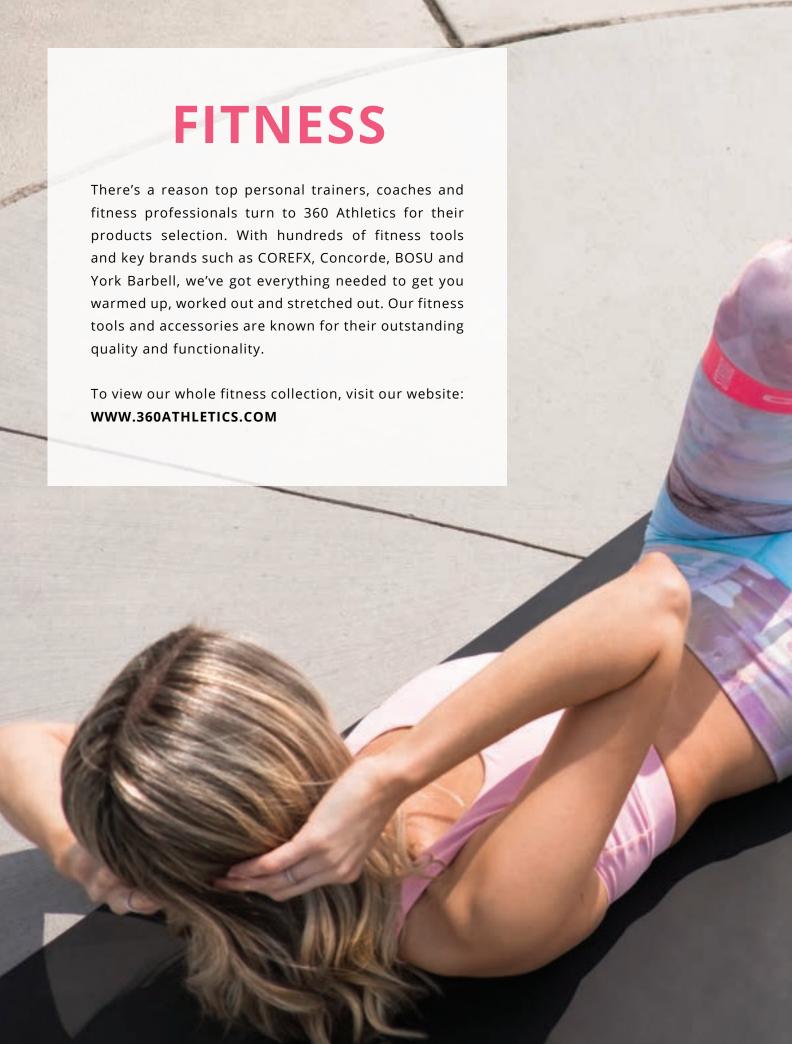




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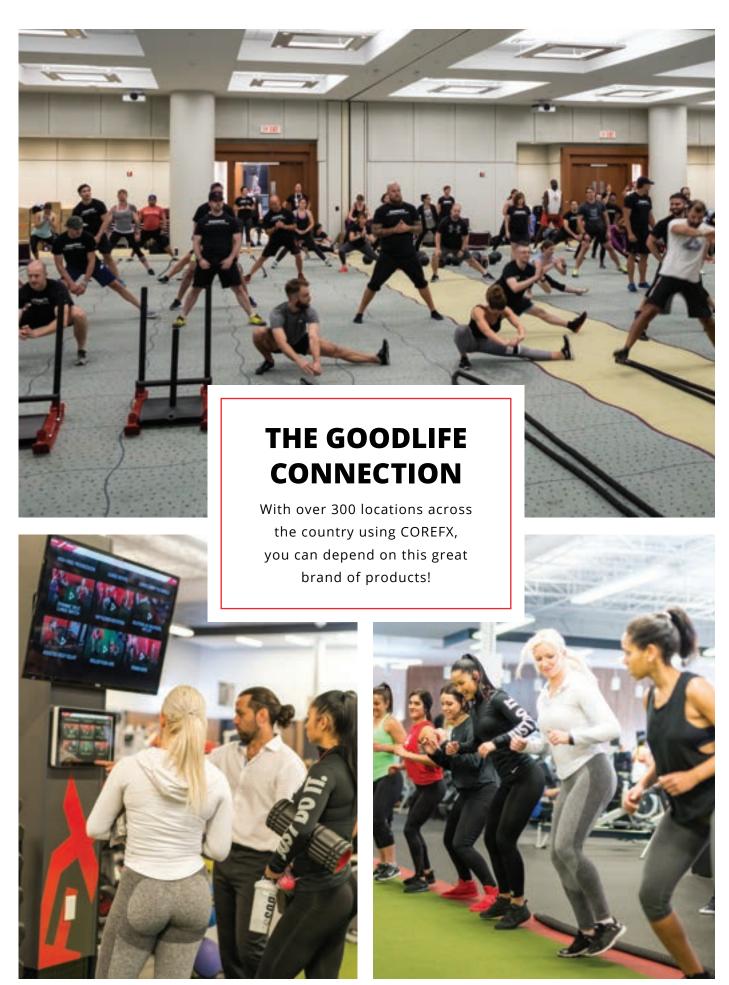
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holds up to 10 LB.

Sand not included.

CFXSB

20 LB WEIGHTED VEST

The COREFX Pro Adjustable Weighted Vest has a unique design allowing for full range of motion. The adjustable weighted vest lets the user increase or decrease the weight on the vest by adding/removing individual weighted bars, 10 pockets providing a maximum weight of 20 lb. CFXPWV20



40 LB WEIGHTED VEST

The unique design lets the user increase or decrease the weight on the vest by adding or removing individual 2.2 lb. weighted bars. 18 pockets provides a maximum weight of 40 lb. Ergonomic military-style design for performance and comfort. PWV40





ADJUSTABLE ANKLE WEIGHTS

This pair of wearable weights can be used on the ankles or wrists to add up to 5 LB to any workout! Each ankle weight provides a comfortable padded fit with an adjustable non-slip velcro strap.

CFXAW



1. ULTRA-GRIP WALL BALLS

Soft-filled medicine ball with ultimate durability and shape retention. Panels reinforced with stitching. Unique ultra-grip honeycomb texture. 14" Diameter.

UGWB6 - 6 LB | UGWB8 - 8 LB | UGWB10 - 10 LB | UGWB12 - 12 LB UGWB14 - 14 LB | UGWB16 - 16 LB | UGWB18 - 18 LB | UGWB20 - 20 LB

2. WALL BALLS

At 14" in diameter, the Wall Balls are composed of ultra strong PVC panels reinforced with triple stitching at every seam and thicker skin for a unique texture and enhanced grip.

CFXWB4 - 4 LB | CFXWB6 - 6 LB | CFXWB8 - 8 LB | CFXWB10 - 10 LB CFXWB12 - 12 LB | CFXWB14 - 14 LB | CFXWB16 - 16 LB | CFXWB18 - 18 LB CFXWB20 - 20 LB

3. SLAM BALLS

Designed with extra-grippy rubber schells and filled with sand for a low bounce. These balls have a reinforced air-nozzle so you can slam without fail.

CFXSLB5 - 5 LB | CFXSLB8 - 8 LB | CFXSLB10 - 10 LB | CFXSLB15 - 15 LB CFXSLB20 - 20 LB | CFXSLB25 - 25 LB | CFXSLB30 - 30 LB | CFXSLB35 - 35 LB

4. MEDICINE BALLS

Air-filled medicine balls with a durable and burst-resistant rubber casting. These balls have a non-slip dual-surface grip design.

CFXRMB6 - 6 LB | CFXRMB8 - 8 LB | CFXRMB10 - 10 LB | CFXRMB12 - 12 LB CFXRMB15 - 15 LB | CFXRMB20 - 20 LB

KETTLEBELL

These kettlebells feature a protective rubber coating the entirety of the bell designed to help prevent scuffs and chips.





Weights clearly printed on the top. Has a dual-surface textured bell for an ultimate grip.

CFXKB10 - 10 LB | **CFXKB15** - 15 LB **CFXKB20** - 20 LB | **CFXKB25** - 25 LB

CFXKB30 - 30 LB | CFXKB35 - 35 LB CFXKB40 - 40 LB | CFXKB50 - 50 LB

CFXKB45 - 45 LB | CFXKB55 - 55 LB



ADJUSTABLE FITNESS BENCH

This multipurpose tool can be used as a weight bench, aerobic step and resistance anchor! The rubber-coated bench supports up to 440 LB and features a collabsible structure, making it a perfect for home gyms! Transform it from a step to a bench by raising the hydraulic lifted backrest to your desired angle and adding height to the legs. Workout on an incline, decline, or flat.

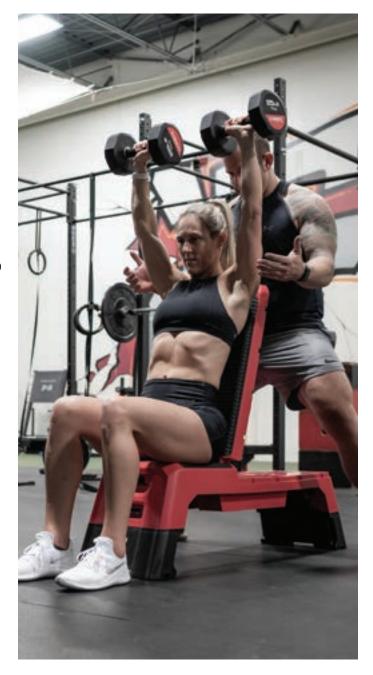
CFXBENCH



RUBBER DUMBBELLS

These dumbbells feature a unique 12-sided rubber coating that prevents rolling and damage. Each precision-machined handle has a unified length and medium-grade knurling to ensure a safe grip during lifts. 12 different weight options.

CFXDB5 - 5 LB | CFXDB10 - 10 LB | CFXDB15 - 15 LB | CFXDB20 - 20 LB CFXDB25 - 25 LB | CFXDB30 - 30 LB | CFXDB35 - 35 LB | CFXDB40 - 40 LB CFXDB45 - 45 LB | CFXDB50 - 50 LB | CFXDB55 - 55 LB | CFXDB60 - 60 LB





FITNESS STORAGE

- Medicine ball racks
- Kettlebell rack
- Multi-weight storage rack
- Skipping rope & toner cart

PAGE 126-129



1. CERAKOTE BARBELL

Made for commercial use but perfect to upgrade your home gym! The cerakote (ceramic and polymer) coating offers military grade protection against corrosion and rust in all types of conditions.

Finish: Cerakote **Shaft Diameter:** 28 mm

Knurl: 1.2 mm Weight: 20 kg

Max Loading Weight: 1500 lbs

CFXMCBAR20

2. CHROME BARBELL

The original standard olympic barbell designed for multi-purpose use. Made of high carbon steel with knurling cut into and coated by chrome, it strikes the right balance between grip and comfort on your hands

Finish: Chrome

Shaft Diameter: 28.5 mm

Knurl: Multi Weight: 20 kg

Max Loading Weight: 1500 lbs

CFXMXBAR20

3. OLYMPIC EZ CURL BAR

With angled knurled grips, steel construction and a sleek finish, the curled shaft of the EZ Curl Bar makes it easy for anyone from beginners to experienced athletes level up their workout.

Finish: Chrome

Shaft Diameter: 28.5 mm

Knurl: Medium Weight: 22.3 lbs

Max Loading Weight: 300 lbs

CFXCURLBAR





BARBELL PAD

The Barbell Pad was designed to provide extra comfort and support during squats and hip thrusts. The high-density foam is anti-slip and reduces the risk of injury while relieving pressure.

CFXBARPAD



LANDMINE HANDLE

A training accessory that can be used in conjunction with the Landmine Post and works with almost any Olympic bar. The 1.25" handle and 3.25" contoured ball is great for grip-strength style training and allows for various single and double hand grips. The Landmine weighs 7.10 lbs, and is easy to lock-down for added safety, 23.25" L x 3.25" W.

CFXLMH



LANDMINE POST

7-gauge steel, 11-inch bar insert sleeve that will fit the majority of standard Olympic bars. This sleeve is designed to pivot 360 degrees in a fluid motion. The COREFX Landmine Post weight capacity is 315 lbs. Features a base post length is 7.25", and sleeve length 11.5".

CFXLMP



BARBELL COLLARS

A replacement to your traditional barbell clips, these alloy collars fit most standard barbells. With a rubberized lining and an easy lock and release design, you can quickly change your plates on your barbell in no time and get those gains.

CFXCOLLAR





GYM CABLE ATTACHMENTS

The ultimate addition to your home or commercial gym setup, our selection of gym cable attachments are made of solid steel with a durable neoprene-coated grip to ensure a firm, secure and comfortable hold, even during intense training sessions. Each attachment includes a carabiner that seamlessly integrates with most cable machines and pulley systems.



1. LAT PULL WIDE OUTSIDE HANDLE

Enhance your back workouts with our widest lat pull gym attachment.

Size: 32.6" x 6.5" Weight: 8 LB CFXMAGGRIPA



2. LAT PULL MIDDLE GRIP HANDLE

Engineered for control and muscle targeting.

Size: 24" x 7.2" Weight: 5.4 LB CFXMAGGRIPB



3. LAT PULL MIDDLE OUTSIDE HANDLE

Crafted for precise and powerful lat pull workouts.

Size: 22.8" x 6.5" Weight: 5.1 LB CFXMAGGRIPC



4. BICEPS PULL UP HANDLE

Optimized handle for enhanced biceps activation during pull-ups.

Size: 14.1" x 5.5" Weight: 6.3 LB CFXMAGGRIPF



oize: 15./" x 5.5"

Designed for expansive range and maximum muscle activation.

6. TRICEPS WIDE PUSHDOWN HANDLE

5. TRICEPS PUSHDOWN HANDLE

Specially designed for maximizing triceps

engagement during pushdown exercises.

Size: 15.7" x 5.5" Weight: 7 LB CFXMAGGRIPH

Size: 14.2" x 5.5"

Weight: 6.3 LB CFXMAGGRIPG



Keeps elbows close to body with an underhand grip for effective lower lat exercises.

Size: 12.3" x 5.9" Weight: 4.4 LB CFXMAGGRIP



Designed for targeted lat engagement with a narrow, ergonomic grip.

Size: 12.3" x 7" Weight: 4.6 LB CFXMAGGRIPD







ANKLE CUFF

The 3" wide Ankle Cuff features two durable D-rings that can connect with universal gym cables. This cuff provides extreme comfort with synthetic shearling pad lining and reinforced stitching.

CFXAC



SUSPENSION TRAINER

Get full-body workouts in anywhere, anytime! The Suspension Trainer allows you to use your own body weight as a means of resistance. It is easily adjustable from 58"-72" and features an integrated door anchor, 35.5" extension strap with clip and TPE rubber handles.

CFXST



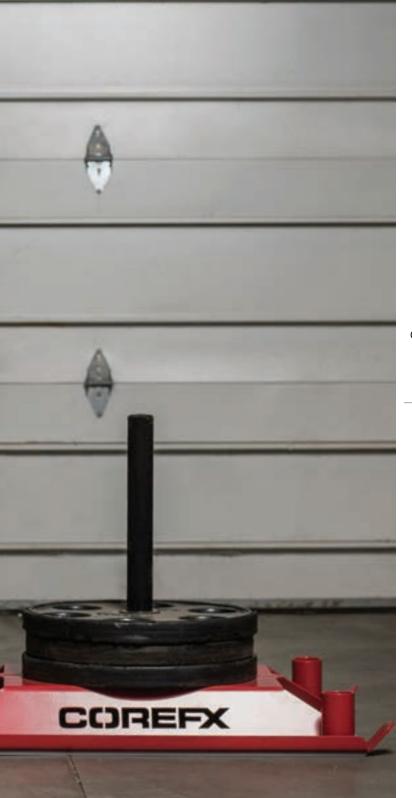




POWER SYSTEM

Features one adjustable harness with padded shoulder straps, an 8.3' dual sled strap with heavy duty carabiners with two d-ring soft-grip pull handles. There are endless training possibilities as you can customize your workout with the option to use the padded harness or soft-grip handles. **CFXHPS**

Adjustable harness 8.3' dual-sled strap 2 d-ring soft grip handles





PUSH SLED

Our sled is made to out last even the most rigorous workouts. Constructed of heavy duty 7 gauge and 11 gauge steel, includes plastic ski attachments to help protect the floors and allow for better movements on grass, turf, concrete or asphalt.

CFXPSLED



X-BARROW

Designed for lift-and-carry exercises that mimic strongmanstyle carries and real-life functional movement patterns. With the ability to load weight plates on each side, easily customize resistance to match any strength level. Ideal for building totalbody strength, endurance, and grip power.

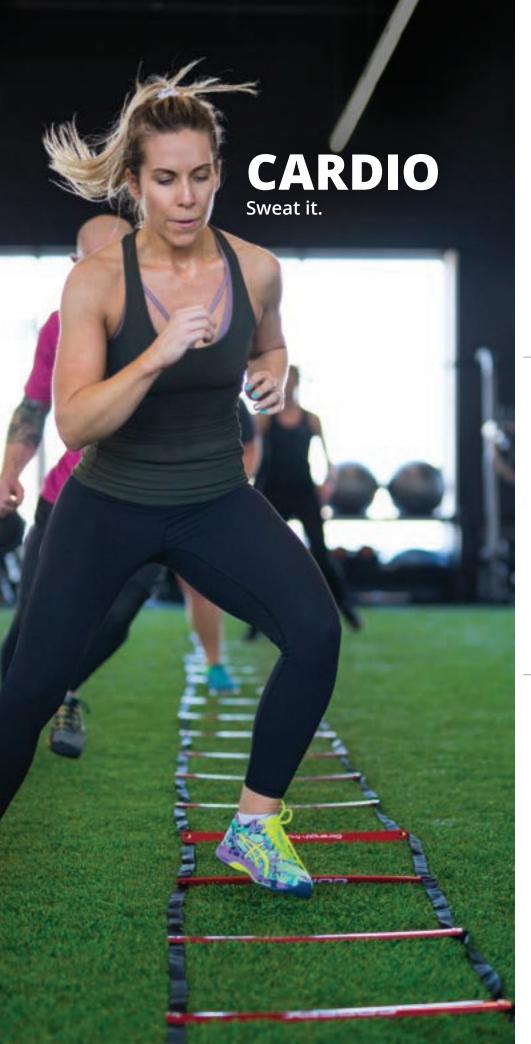
CFXBARROW



POWER ROPE

This 50-foot (15m) durable rope easily attaches to most push sleds, letting you perform high-resistance pull exercises that activate your core, back, arms, and grip. Features red markers every 3 meters for tracking distance and progress. Ideal for strength, conditioning, and athletic training.

CFXPROPE





TRAINING CONE SET OF 20

Place in various configurations and use the different colors to indicate direction changes. Soft plastic and flexible. Includes 10 red cones, 10 grey cones and a plastic carrier.

CFXSCSET



SPEED LADDER (30')

The COREFX Speed Ladder comes with 2 x 15ft sections that are 20" wide that can be clipped together for extended patterns and drills.

Carry Bag Included.

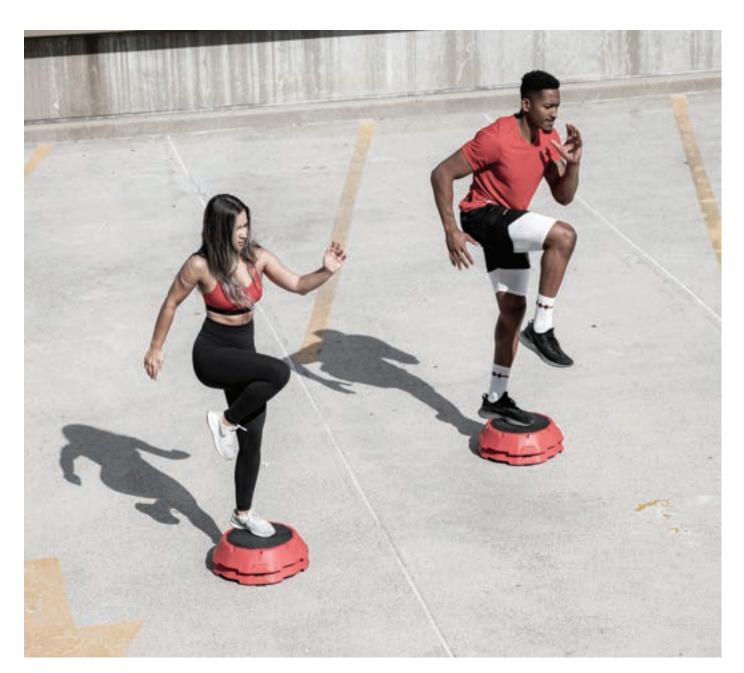
CFXLAD1



REACTION BALL

The perfect reaction training tool for improving hand-eye coordination. This multi-sport tool is a great addition to quick feet drills and will help to increase position awareness. Works well solo or against a wall! Constructed of silicone for a superior bounce!

CFXRB





ADJUSTABLE AEROBIC STEP PLATFORM

Constructed of high-density polyethylene with a textured TPE surface. The durable step supports up to 600 LB. The Platform comes with four Aerobic Step Risers to easily adjust the height of each step workout. You can also purchase more risers individually for added difficulty. The platform is 4" high on its own, and can be increased with each added riser.

CFXSTEP



AEROBIC STEP RISER

Aerobic Step Risers can be used for a variety of aerobic and strength training exercises. Sold individually, you can use the risers on their own, stacked together, or in combination with the Aerobic Step Platform. The 4" high risers can be easily stacked up to 6 risers high to increase the intensity of your training. The durable construction features a TPE textured surface and secure safe locking stacking system.

CFXRISER



1. COVERED BATTLE ROPE

Takes our traditional battle rope to the next level. With a commercial grade nylon cover designed to withstand vigorous use, you can count on this rope having a superior lifespan. The COREFX Covered Battle Rope is 1.5" in diameter, 50' in length, weighs 28 lb. The heat-sealed plastic boot cover for each handle provides superior grip.

CFXCBROPE

2. BATTLE ROPE

This fitness training rope is made from 100% pure nylon meaning it has the ultimate undulation properties compared to any other material. The COREFX Battle Rope is 1.5" in diameter, 50' in length and weighs 27 lb.

BROPE

3. BRAIDED BATTLE ROPES

The Braided Battle Rope is made from durable braided polyester over a multifilament polypropylene core to give it an extremely durable and long lasting lifespan. It is 1.5" in diameter and comes in two different lengths 30 ft (15 lb) and 50 ft (23 lb). The Battle Rope features very comfortable synthetic leather handles with an extreme grip.

PBROPE30 - 30' ROPE | PBROPE50 - 50' ROPE





RESISTANCE PARACHUTE

The extra durable 54" diameter 36" lead parachute design and adjustable waist belt are designed for use on the field as well as on the ice. Includes an adjustable belt, ultra-strong parachute with nylon webbing connections for stabilization. Includes a carry bag for easy storage! Push your speed performance to the max with the COREFX Resistance Parachute. SCP54







3-IN-1 PLYOBOX

Alternate between three heights: 20", 24" and 30" all with a simple turn of the box! Features a sturdy plywood construction with rounded edges for safe jumping. Ships unassembled to minimize freight costs.

CFXPLYO



3-IN-1 FOAM PLYOBOX

High density foam, covered with anti-slip material. Constructed of high density anti-slip foam to allow for a secure jump, while holding up to 300 pounds. Alternate between three heights: 20", 24", 30" all with a simple turn of the box!

CFX3PLYOFOAM



FOAM STACKING PLYOBOX

Features a soft landing surface that absorbs impact - eases shock & decreases stress while providing a firm exterior for explosive plyometric movements. The design allows you to stack combinations of 6", 12" and 20" for a customized workout. Each box has a self-fastening strip so they can be stacked and secured together.

CFXSTCKPLY6N - 6" CFXSTCKPLY12N - 12" CFXSTCKPLY20N - 20"



"THOSE WHO DON'T JU



JMP WILL NEVER FLY."

- LEENA AHMAD ALMASHAT





ANTI-BURST BALL

With an anti-burst rating of 580 lb, this stability ball is built to last while you carve out a strong core. This stability ball comes in two different sizes, 55 cm and 65 cm in diameter and are 100% free from latex, lead, and phthalates!

CFXABSB55 - 55 CM CFXABSB65 - 65 CM

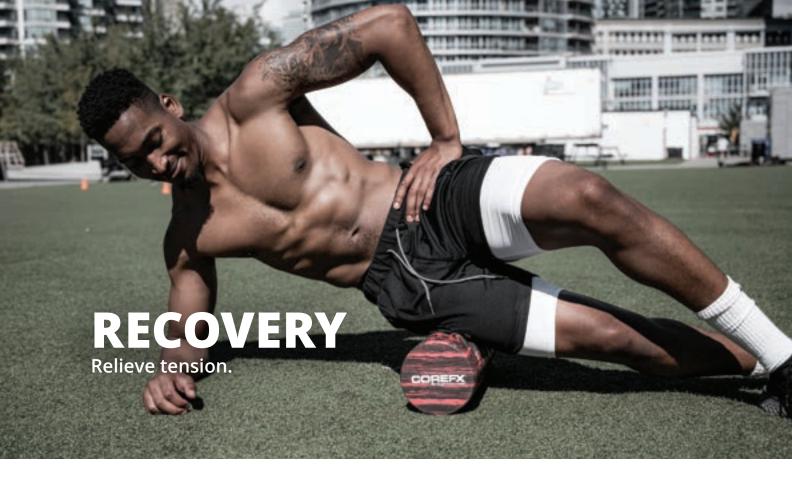




DUAL-SURFACE GLIDERS

Features layered felt for gliding on hard surfaces and detachable ABS plastic bases for gliding on Carpet. Offer a unique, textured foam cushion to provide traction and support. Includes carry bag.

CFXGLIDE





HIGH-DENSITY 18" WAVE FOAM ROLLER

The 18" L \times 6" D high-density wave foam roller is constructed with EVA foam to prevent losing shape after moderate to heavy use. The wave texture is great for targeting sore muscles in the back, neck, legs and glute muscles.

CFXWFR



PEANUT FOAM ROLLER

This is a great tool for correcting your posture, as it targets the muscles on either side of your spine. You can also use the high-density foam peanut roller to recover your hamstrings, pectorals, rotator cuffs and much more!

CFXPFR



HIGH-DENSITY FOAM ROLLER

The high density foam roller 36" length x 6" diameter made from EPP (Expanded Polypropylene) holds its shape, delivering deep tissue therapy where you need it most.

CFXEPPFR36

RECOVERY BALL

Compact and dense design for tough hard-to reach muscles. Use it to loosen up a muscle before a workout, or after a workout to knead out knots and allow the muscle to recover faster. 2.25" diameter.

Order in qty's of 12 for retail packaging!



MUSCLE ACTIVATOR

The super dense material allows you to press into the ball and target deep trigger points. It is made with thermoplastic rubber material that is hygienic, durable, recyclable and hypoallergenic. It has a unique grooved pattern that helps you recover faster. CFXMSB



5" FOAM MASSAGE BALL -

Created with High Density EVA Foam, this 5" textured massage ball elevates the body to better target hard-toreach areas such as the hips, shoulders and back muscles. **CFXFMB**



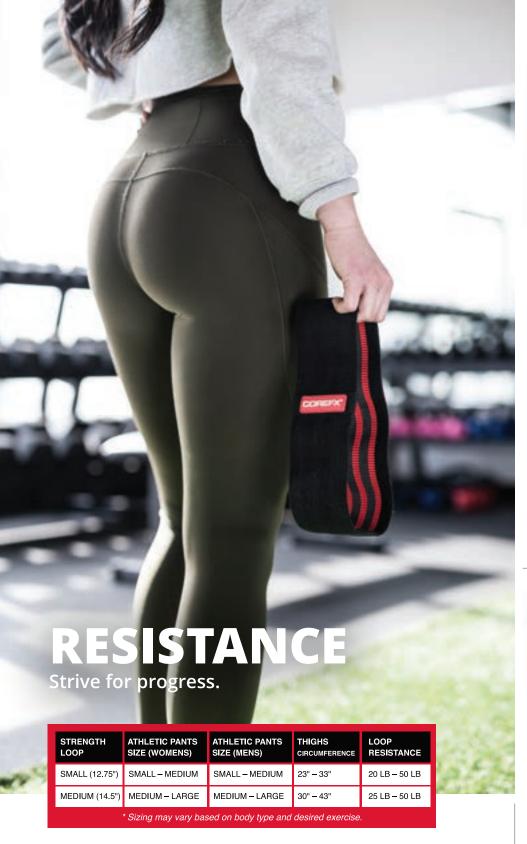




RECOVERY YOGA MAT

The perfect balance between firm stability and comfortable cushioning. The recovery mat provides you with extreme grip throughout your sweaty hot yoga, stretching and recovery sessions. Measuring in at 72" long x 26" wide and 0.5 cm thick. Features an alignment system that works as a navigational tool for your recovery or yoga workout.

CFXRMAT





STRENGTH LOOP

Our elite 3" strength loops are made of a non-slip design, ensured to stay in place and prevent slipping or rolling throughout your workout. Made of polyester and latex with reinforced stitching that is soft to touch as well as sweat resistant. Features machine washable polyester and latex with reinforced stitching. Available in two sizes.

CFXSLS - SMALL | CFXSLM - MEDIUM



ADVANCED TONER

Its durable design features a red polypropylene covering for extreme protection of the premium-grade resistance tubing core and ultrastrong safety sleeve. The industrial strength plastic handles give you the best resistance tubing for safety, durability and function.

CFXAT1 - 4' LIGHT, 10LB (RED/WHITE)

CFXAT2 - 4' MEDIUM, 13LB (RED/RED)

CFXAT3 - 4'HEAVY, 20LB (RED/BLUE)

CFXAT4 - 4' VERY HEAVY, 30LB (RED/TAUPE)

CFXAT5 - 4' ULTRA-HEAVY, 10LB (RED/BLACK)

CFXAT6 - 6' MEDIUM, 15LB (RED/RED)

CFXAT7 - 6' HEAVY RESISTANCE, 20LB (RED/BLUE)

CFXAT8 - 6' VERY HEAVY RESISTANCE,

30LB (RED/TAUPE)



POWER TUBES

The Power Tubes are made from top-grade 100% natural latex for maximum durability and stretch. Available in five different weight resistance levels that have been strength-tested to determine reliable weight-resistance levels to provide you with a variety of options pending on your workout routine!

CFXRB1 - 4' LIGHT, 10LB (RED/WHITE)

CFXRB2 - 4' MEDIUM, 15 LB (RED/RED)

CFXRB3 - 4' HEAVY, 20 LB (RED/BLUE)

CFXRB4 - 4' VERY HEAVY, 30 LB (RED/GREY)
CFXRB5 - 4' ULTRA HEAVY, 50 LB (RED/BLACK)



STRENGTH BAND

Bands can be used to help to warm up, stretch and recover. Premiumgrade rubber for the highest quality finish that stands up to whatever punishment your workout can dish out. Each strength band has been quality tested and inspected.

STBA1 - 0.5", 15-35 LB STBA2 - 0.86", 25-65 LB **STBA3** - 1.3", 35-85 LB STBA4 - 1.8", 50-125 LB STBA5 - 2.8", 65-175 LB STBA6 - 3.3", 5-230 LB



PRO LOOPS

These 10" x 2" COREFX Pro Loops are ideal for strengthening, toning, rehabilitation and stretching. Great for lower body workouts and glute activation for a tighter stronger booty. Each loop is made from medical grade latex and has been quality tested and inspected.

CFXPL1 - LIGHT, 5-7 LB CFXPL2 - MEDIUM, 10-12 LB **CFXPL3** - HEAVY, 15-20 LB CFXPL4 - X-HEAVY, 20-30 LB CEXPLASET - SET OF 4



PRO LOOPS: ULTRA-WIDE

These 12.5" x 3" COREFX Pro Loops are ideal for strengthening, toning, rehabilitation and stretching. Great for lower body workouts and glute activation for a tighter stronger booty. Each loop is made from medical grade latex and has been quality tested and inspected. The Ultra-Wide quality of these bands helps to prevent rolling, to maximize your performance.

CFXPML1 - LIGHT, 4-8 LB CFXPML2 - MEDIUM, 10-12 LB CFXPML3 - HEAVY, 14-18 LB CFXPML4 - X-HEAVY, 20-25 LB CFXPML5 - SET OF 4



DOOR ANCHOR

Turn almost any door into a home gym! Simply fold the anchor over the top or bottom of the door and close it to create a strurdy anchor for your resistance band, tube or toner workouts. Features nylon webbing with reinforced stitching and a soft foam stopper.

CFXDA



RESISTANCE LOOP SLEEVE

Help keep your loops from rolling, pinching, and slipping out of place! The COREFX Resistance Loop Sleeve pairs with the COREFX Pro Loops or any other 2" wide band. Now you can keep your focus on the workout and push your gains to the next level.

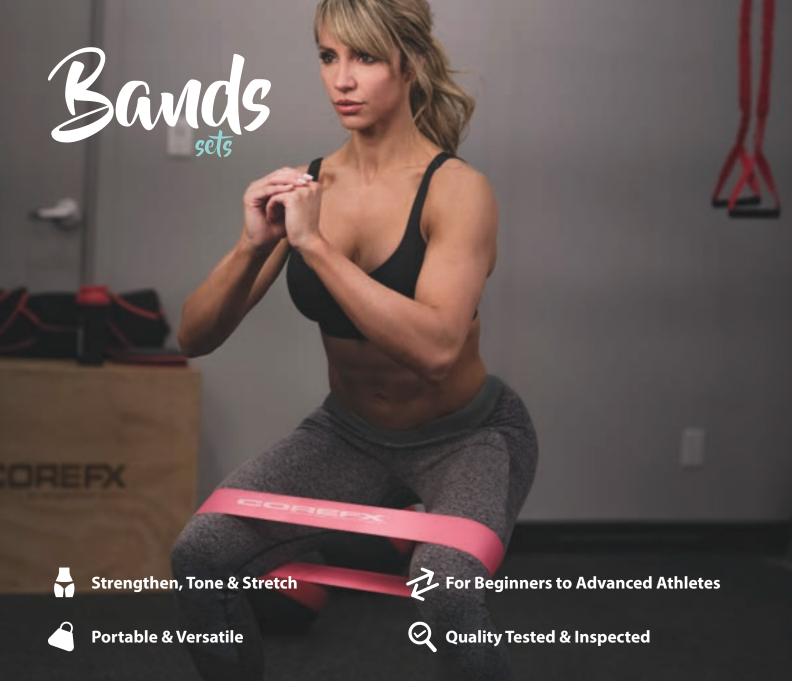
CFXBANDSLV

STORE DISPLAYS AVAILABLE



Please contact our customer service team for more details.

SALES@360ATHLETICS.COM





MINI BANDS SET

Designed to meet the needs of athletes who want to stretch, strengthen and tone in style. Made from all natural, premium-grade rubber used to target specific muscle groups.

CFXMBSET

Three mini bandsCarry BagOnline training

LIGHT: 4-7 LB MEDIUM: 8-11 LB STRONG: 12-18 LB



ULTRA-WIDE BANDS SET

The COREFX Ultra-Wide Band set is designed to not roll or slip out of place when working out. Made from all natural, premium-grade rubber.

CFXWBSET

Three ultra-wide bands Carry Bag Online training

LIGHT: 4-7 LB MEDIUM: 7-10 LB **STRONG: 12-18 LB**



STRENGTH BANDS SET

Designed to meet the needs of athletes who want to stretch, strengthen and tone in style. Made from all natural, premiumgrade rubber that can withstand the toughest workouts.

CFXSBSET

Two strength bands **Door Anchor** Carry Bag

Online training

LIGHT: 20-30 LB **STRONG: 25-60 LB**



FLAT BANDS SET

Adheres to the curves of your body for a comfortable, low-impact exercise that adds resistance to the natural motions of your body. CFXFBSET

Three flat bands Door Anchor Carry Bag L Online training

LIGHT: 3-5 LB MEDIUM: 7-10 LB **STRONG: 12-15 LB**





NEXGEN PRO

Features 4 quadrants to help with positional cueing and enhanced grip for hands and feet! The options and exercise progressions are endless, as it can be used for cardio, agility, strength, core, balance and mobility exercises and drills!

BOSUPRONEXGEN



BALANCE TRAINER

Features a 8 lb upgraded bladder, maximum user weight limit – 300 lb. Also includes a foot pump and 4-in-1 training DVD. Recommended for personal use. 90-day warranty; No warranty for commercial use.

BOSURET - BLUE



BALANCE TRAINER PRO

For fitness professionals and commercial gyms. Includes an 8 lb upgraded bladder, heavy-duty base and a 1-year commercial warranty. Allows users to work on and improve everything from cardio and strength to balance and flexibility!

Maximum user weight limit – 350 lb.

BOSUPRO





FEET

Rubber replacement feet intended for Home Use **BOSU Balance Trainer. Sold** individually.

BOSUFEET



BALANCE TRAINER PLUG

Replacement Plug intended for Home Use BOSU Balance Trainer and Balance Trainer Pro. BOSUPLUG



BALAST PLUG

The BOSU Ballast Ball Plug is a replacement plug for the BOSU Ballast Ball.

BOSUBLSTPLUG



BOSU SPORT

The sleek, compact design of the BOSU® Sport 50 cm Balance Trainer allows for easy transportation and storage, quick positioning for any type of workout, and is ideal for fitness enthusiasts and athletes of all ages. Product diameter of 50 cm or 22" and weight limit of 250 lb.

BOSUSPORT



BALLAST BALL

Designed with a weighted filler that allows it to stay put when not in use. Constructed of high-quality, burst-resistant material and has a six-sided design for proper alignment and positioning. Can be inflated between 55 cm and 65 cm. 6.5 lb. Includes training DVD & foot pump.

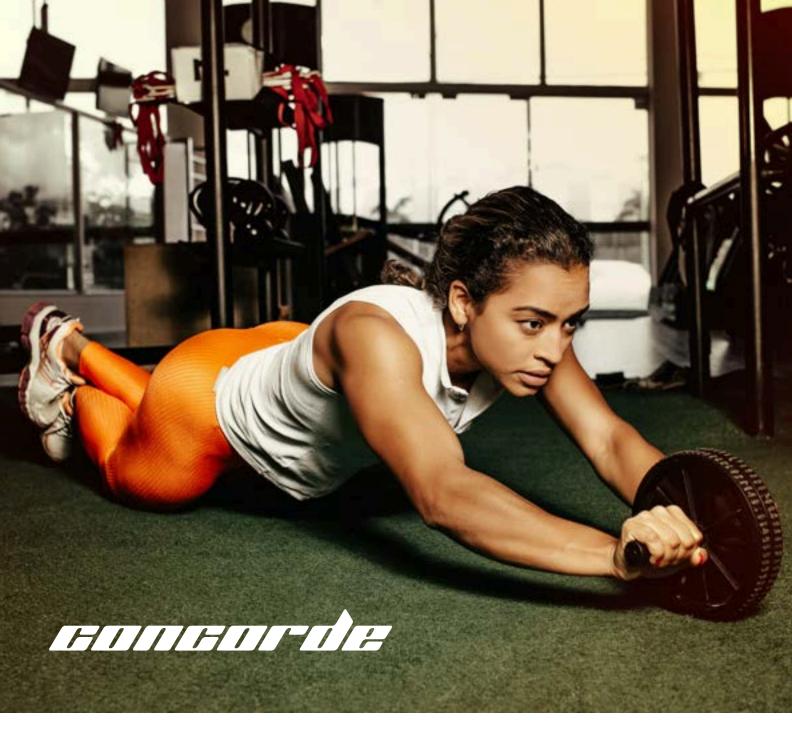
BOSUBLST



BALANCE PODS

The BOSU® Balance Pods can be used for full-body workouts that improve balance, agility and coordination. The unstable and soft 6.5" inflated fitness domes feature a non-slip base and can be used flat side down or dome side down for more balance challenge.

BOSUBALPOD







AB WHEEL

Designed for a quiet smooth roll, featuring extra-wide soft foam handles that allows you to carve to the left, right and center. Includes an extra-thick non-slip knee pad.

ABW2



MINI AEROBIC STEP

Compact design, textured surface for maximum grip, easily adjusts to 5", 7" and 9" heights. Non-skid rubber feet for stability and floor protection. Dimensions: 27.5" L x 10.5" W. **FSTMINI**



FITNESS STEP

The Concorde Fitness Step platform features shock-absorbing, anti-slip ribbed surface and non-skid rubber feet for stability and floor protection. 1 x 4" H step platform and 4 x 2" H risers make the step fully adjustable from 4" to 6" to 8" heights.

Dimensions: 40" L x 14" W.

FSTP02



FITNESS STEP RISERS

Compatible with 40" x 14" x 4" fitness step platforms, the Concorde Fitness Step Risers come in a pair and make a great addition to your fitness step to intensify and diversify your workout.

RSRFSTP





GLIDING DISCS

The Concorde Gilding Discs are Double sided for versatility and work on both carpet and hard floors. The smooth side are for carpeted areas and the fabric side are for hard floors. These workout sliding discs come in a 7" diameter to accommodate almost any user.

WRIST/ANKLE WEIGHTS

Provide added resistance during training workouts. Soft one-size fits-all wrist/ankle weights are made of neoprene for comfort. Adjustable Velcro closures.

AHB12391 - 1 KG / 2.2 LB AHB12392 - 2 KG / 4.4 LB AHB12393 - 3 KG / 6.6 LB

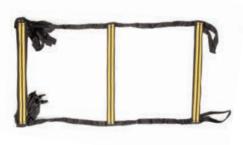




ELITE AGILITY LADDER

Made with heavy-duty plastic rungs and connected by ultrastrong nylon webbing. Extra durable for indoor and outdoor use. Rungs are spaced 17" apart. Includes carry bag as well as connector clips for adding a ladder to the ends. Retail Packaging available.

AL4 - 4M | **AL8** - 8M



PROFESSIONAL AGILITY LADDER

This 4m flat rung agility ladder is great for the field or in the gym. With nylon covered metal rungs it's virtually indestructible. Develop quick feet, improve coordination, speed and explosive power.

AL4R



REACTION BALL

This 3.5" reaction ball adds to quick feet drills and increasing awareness. Works in team settings or solo against a wall.

Colours vary.

BT35



CONCORDE HURDLES

Constructed of a soft, flexible material that collapses on contact and bounces back to it's original position. With two variations in sizes, the possibility of drills are endless.

FSH6 - 6" | **FSH12** - 12"



NEOPRENE KETTLEBELLS

The kettlebell handles are made with a solid cast iron construction, designed to provide a secure and comfortable grip. The bottom half of the kettlebells are covered in a soft neoprene finish, adding an additional layer of protection between the kettlebell and your floor during your at-home workout sessions.

CMKB10 - 10 LB | CMKB15 - 15 LB | CMKB20 - 20 LB CMKB25 - 25 LB | CMKB30 - 30 LB | CMKB35 - 35 LB CMKB40 - 40 LB | CMKB45- 45 LB | CMKB50- 50 LB

CMKB60- 60 LB



NEOPRENE DUMBBELLS

The dumbbells are covered in a protective neoprene coating to prolong their life and maximize comfort and safety during workouts and exercises. Neoprene Dumbbells available in 1 lb - 15 lb.

FND2001 - 1LB | FND2002 - 2LB | FND2003 - 3LB FND2005 - 5 LB | FND2008 - 8 LB | FND2010 - 10 LB

FND2012 - 12 LB | FND2015 - 15 LB

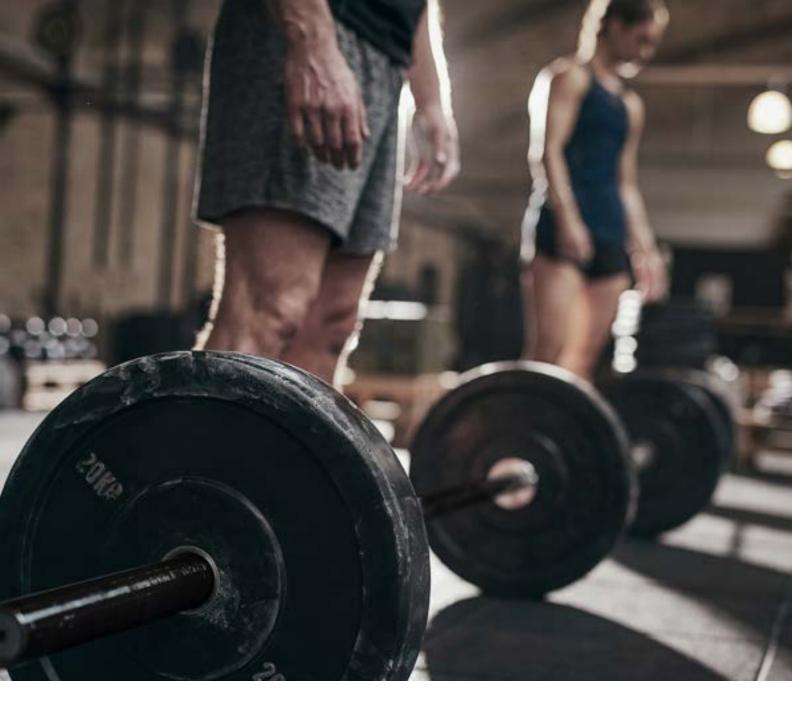


PVC HEX DUMBBELLS

Ergonomic chrome-finished handle with knurling for an optimal grip. Each dumbbell has 6-sided cast iron heads with PVC coating to help minimize noise and rolling.

PVCDB5 - 5 LB | PVCDB8 - 8 LB | PVCDB10 - 10 LB | PVCDB12 - 12 LB PVCDB15 - 15 LB | PVCDB20 - 20 LB | PVCDB25 - 25 LB | PVCDB30 - 30 LB **PVCDB35** - 35 LB | **PVCDB40** - 40 LB | **PVCDB45** - 45 LB | **PVCDB50** - 50 LB







OLYMPIC TRAINING BARBELL - 45 LB

Made with durable alloy steel with moderate knurling for a secure grip throughout your lifts.

Shaft Diameter: 28 mm Overall length: 87 inches Knurl: Multi

Weight: 45 lbs. / 20 KG Max Loading Weight: 700 lbs.

CMTBAR20

STANDARD TRAINING BARBELL - 15KG

Made with one-piece of solid brass bushing steel with moderate knurling for a secure grip throughout your lifts.

Shaft Diameter: 25 mm **Overall length:** 79 inches

Knurl: Multi

Weight: 33 lbs. / 15 KG Max Loading Weight: 350 lbs.

CWTBAR15



CLOSE GRIP LAT HANDLE

Made from top-quality steel with chrome finish and ergonomic textured rubber grips to prevent slippng. The D shape design allows you to exercise with both arms to focus in on your back, shoulders, forearms, triceps and biceps. Supports up to 880 lbs.

Z6830



SINGLE D-HANDLE CABLE ATTACHMENT

Made from top-quality steel with chrome finish and ergonomic textured rubber grips to prevent slippng. Ideal for developing your triceps, biceps, back, shoulders, abs and improving your grip strength Supports up to 7700 lbs.

Z6836



V BAR CABLE ATTACHMENT

Made from top-quality steel with chrome finish and ergonomic textured rubber grips to prevent slipping. Great to perform for a variety of lateral exercises, such as your triceps, lats, back, arms and shoulders.

Z6834



EZ CURL CABLE ATTACHMENT

Made from top-quality steel construction with rubber handgrips and end caps. The rotating bar allows for easy use as it keeps your hands in place, which helps maintain the proper form. Designed specifically for peak bicep and tricep contraction.

Z6827



MULTI-PURPOSE V BAR CABLE ATTACHMENT

Featuring a solid steel construction with rubber handle grips for a secure hold, the Multi-Purpose V Bar Cable Attachment can be used for a variety of gym exercises such as lat pushdowns, curls, raises and rows.

Z6831



TRICEP ROPE ATTACHMENT

The Tricep Rope Attachment features a 1.5-inch thick black nylon braided rope that allows for a natural motion as you pull the cable downward to sculpt your triceps. The rubber ends increase effectiveness in use & prevent slipping or sliding while performing exercises.

Z6838



LAT BAR ATTACHMENT

The Lat Bar Attachment features a solid steel construction with rubber handle grips for a secure hold. This Bar also includes a revolving hanger to ensure convenience and ease-of-use when performing intense exercises. Length: 35.5".

Z6835



TRICEP FLAT BAR

Made from top-quality steel construction with rubber handgrips and end caps. The rotating bar allows your hands to stay in place and create proper form. Great for tricep press downs, straight bar curls, upright rows, and arm pullovers.

Z6837



BAR WITH LAT HANDLES

Made from top-quality steel with chrome finish and ergonomic textured rubber grips to prevent slippng. Offers various grip options and a smooth and fluid center swivel.

76833



PILATES BALL

Enhance traditional Pilates and yoga poses by adding elements of strength, intensity, and balance, with this pliable PVC, inflatable, 8" diameter ball that assists in ensuring proper alignment.





WEIGHTED YOGA BALL

A lightweight solution that will add just enough difficulty to any yoga or pilates session. Each yoga ball made of soft vinyl outer shell, weighs 1 kg / 2.2 lb.

Sold individually.

F13001



FOAM YOGA BRICKS

Made of lightweight foam, these yoga blocks allow you to gain support in balancing postures, inversions, and seated stretches at three different heights. The Foam Yoga Bricks are manufactured in an environmentally friendly fashion. Available in 3" (Dense) or 4" (Super Dense) sizes.

YGB1 - 3" | YGB4 - 4"







GYM MAT

This Gym Mat is built to last, and is perfect for any training facility or home gym. At 48" Long x 24" Wide x 1.5" Thickness, this gym mat is the perfect size for comfortable workouts and gym activities. Easily hang it up when not in-use with the attached handle.

EM4X2



HANGING EXERCISE MAT

The Concorde Hanging Mat is made from Pthalate Free PVC material with 2 grommets 19" apart for easy hanging on the Yoga Mat Storage Rack. 68" x 24", 6 mm thickness. Webbed design provides added durability, easy to clean, antimicrobial.

HEM6



HANGING MAT STORAGE RACK

his Storage Rack is made of a sturdy steel tube construction, made to store the Concorde Hanging Mat more efficiently. Features brackets 19" apart specially designed to hold 14 Yoga Mats on each side for a total of 28. 30" L 29" W x 72" H. 24kg.

HEM6RACK



STABILITY BALLS

The Concorde Anti-Burst Stability Ball is an advanced piece of fitness equipment manufactured from high-quality, 100% latex free materials with a unique, textured surface to prevent slippage. Features an anti-burst rating of 300 kg (660 lb.) Available in the three most popular sizes (55 cm, 65 cm and 75 cm)

SBALL55 - 55 CM, RED, SUGGESTED HEIGHT: 4'6" TO 5'3" SBALL65 - 65 CM, BLUE, SUGGESTED HEIGHT: 5'3" TO 6'

SBALL75 - 75 CM, YELLOW, SUGGESTED HEIGHT: 6' +

EVA FOAM ROLLERS

Crafted out of premium-grade, closed-cell EVA foam that is heat-sealed for maximum life of the product. The high-quality design of this roller ensures that it will maintain its shape and density even after heavyduty use. Available in two lengths.

FR2Y1 - 36" | FR2Y3 - 12"





WOBBLE DISK

Made of heavy duty PVC, ideal for physiotherapy, chiropractic and rehabilitation centres. Inflate wobble disk for desired level of difficulty. 300kg antiburst rating. 13.5" W x 3" H. F1301



BALANCE PODS

A pair of inflatable domes that improve dynamic balance and coordination. 6" in diameter and 3" in height when fully inflated. Textured top surface.

F6501



TRI-LEVEL BALANCE BOARD

A pair of inflatable domes that improve dynamic balance and coordination. 6" in diameter and 3" in height when fully inflated. Textured top surface.

FB2500



BALANCE DISK

This vinyl balance disk can be used for sitting or standing balance training. Constructed of latex-free PVC vinyl. 13" W x 2.5" H.

F030



Super soft foam acts as an unstable base so your stabilizing muscles work harder. Ideal for balance, rehabilitation and coordination protocols. 20" L x 15.75" W x 2.75" H.

BALPAD

BALANCE PAD



BALANCE BEAM

The balance beam is lightweight and portable at 38" long x 7.5" wide x 2.5" high. The destabilizing feature of this balance beam activates and recovers your muscles with durable EVA foam construction that quickly restores its shape after balance training.

BALBEAM



Relieve minor aches, tension and pains, promote blood flow and increase circulation with this set of one 7 cm and one 9 cm ball.

MBSET







RUBBER TRAINING COLOUR BUMPER PLATES

Easily identify your weight plates while performing weight lifting exercises. The solid rubber design reduces noise while protecting flooring and equipment. With four weight options ranging from 10 to 45 LB and a 2" reinforced steel centre sleeve, easily load and unload these bumper plates onto your barbell.

YORKRTBPC10 - 10 LB, GREEN: 1" THICK, 17 7/16" DIAMETER YORKRTBPC25 - 25 LB, YELLOW: 2 1/8" THICK, 17 1/4" DIAMETER YORKRTBPC35 - 35 LB, BLUE: 2 1/8" THICK, 17 1/4" DIAMETER YORKRTBPC45 - 45 LB, RED: 3 1/2" THICK, 17 1/4" DIAMETER



RUBBER TRAINING BUMPER PLATES

York's Rubber Training Bumper Plates not only reduce noise, but they also help to protect flooring and equipment while strength training. Available in five weight options ranging from 10 to 45 LB, these solid rubber weight plates are perfect for commercial or home gyms. Each plate has a 2" reinforced steel centre to allow for easy barbell loading and unloading.

YORKRTBP10 - 10 LB: 1" THICK, 17 7/16" DIAMETER YORKRTBP15 - 15 LB: 1 5/16" THICK, 17 7/16" DIAMETER YORKRTBP25 - 25 LB: 2 1/4" THICK, 17 3/4" DIAMETER YORKRTBP35 - 35 LB: 2 3/4" THICK, 17 3/4" DIAMETER YORKRTBP45 - 45 LB: 3 1/2" THICK, 17 3/4" DIAMETER



PRO SERIES 204 SQUAT RACK

Featuring telescopic barbell supports, adjustable safety spotters and an adjustable width, this squat rack can easily accommodate many bench press and squatting positions. Two weight plate holders are also featured on the outside of the rack for bumper plate storage.

Overall Base Width: 64 ¾"
Overall Base Depth: 38 ½"
Maximum Rack Width: 52"
Minimum Rack Width: 36"
Lowest Bar Rack Point: 38 5/8"
Highest Bar Rack Point: 64 ½"

Safety Spotter Area Depth: 15"

Weight: 76 Lbs

YORKSRBS



SQUAT STAND

This squat stand can be used by beginner to advanced athletes to help build strength in your lower back and legs. The adjustable stands have a foot plate for added stability and storage pegs on each side to conveniently store your 1" weight plates when not in use.

Maximum Load: 300 LB (for pair).

YORK2SS



ADJUSTABLE INCLINE/DECLINE BENCH

The York Pro Series 206 Adjustable Incline/Decline Bench features a smaller size and is lightweight to allow for easy movement during training and set-up. The 13-gauge steel construction and comfortable padding provide a comfortable workout bench.

Adjustable Degree Options: -20, 0, 20, 40, 85

YORKBENCH





KETTLEBELL RACK

The Kettlebell Storage Rack is a two-tier storage solution that is great for any gym or workout room. The shelves are constructed out of durable steel and have a grip lining on each shelf to keep your kettlebells secure. Assembled size: 47" W x 25.5" D x 32" H. Individual shelf size: 47" W x 9" D.

KBR2



MULTI-WEIGHT STORAGE RACK

This space-saving gym storage solution has three tiers and four storage posts that can store and display kettlebells, dumbbells, olympic weight plates and more! The two tiers of dumbbell storage can hold up 5 pairs of rubber dumbbells under 35 LB, or smaller quantities of larger weight dumbbells. Weight Capacity: 1000 lbs. Assembled Size: 36" x 54" x 18.5".

CFXMFSR





SINGLE-SIDED MEDICINE BALL RACK

The unit is constructed out of durable steel with secure welding to keep your medicine balls or slam balls secure. Comes disassembled for easy shipping. Assembled size: 19" W x 20" D x 60" H Max. ball diameter: 11"

MBR1N



DOUBLE-SIDED MEDICINE BALL RACK

The unit is constructed out of durable steel with secure welding to keep your medicine balls, wall balls or slam balls secure. Comes disassembled for easy shipping. Assembled size: 21" W x 24" D x 70" H. Max. ball diameter: 14" MBR2N



A-FRAME DUMBBELL RACK

Designed to hold up to 6 pairs of dumbbells, this vertical a-frame design fits easily in tight spaces without compromising stability. Durable steel construction with a powder-coated finish and non-slip rubber feet.

CFXAFRACK



OLYMPIC WEIGHT PLATE TREE

The York Olympic Plate Tree provides a neat and sturdy storage solution for your collection of 2" olympic weight plates. The 6 easily accessible storage pegs help to keep your 2.5 to 45 LB bumper plates, iron plates and calibrated plates off your floor. The tree design helps to evenly distribute the weight to prevent tipping when loaded. The tree also features two olympic barbell holders for vertical bar storage.

Width at Base: 20 ¾" Depth at Base: 22" Height: 42 ½"

Weight Storage Peg: 7 1/2"

Weight: 56 LB YORKOWPT



NEO-HEX DUMBBELL RACK

The Neo-Hex Dumbbell Rack by York Barbell is the perfect addition to any fitness facility or group workout space. The mobile gym storage rack features wheels to make manoeuvring easy and effortless. A security bar at the top is featured to secure the PVC Hex Dumbbells or Neoprene Dumbbells when they are not in use. This dumbbell rack features attractive elliptical oval tubing and 10 slots that graduate from 1 ½" to 2" to hold your whole collection of dumbbell weights and sizes.

Assembled Dimensions: 38 ½" L x 35 ¼" H x 16 ½" D (at base) YORKDBRACK



VINYL DUMBBELL RACK

The Vinyl Dumbbell Rack features 10 storage slots that progressively increase in size from 1 ½" to 2", allowing you to stack and store a range of dumbbell sizes. With its convenient wheels, this rack can be effortlessly moved around to your next workout. The additional security bar ensures the protection of your fitbell collection when they're not in use. This durable and versatile rack is suitable for both PVC Hex Dumbbells and Neoprene Dumbbells.

Assembled Dimensions: 40" L x 39" H x $24 \frac{1}{2}$ " D (at base) YORKDWRACK



HANGING MAT STORAGE RACK

This Storage Rack is made of a sturdy steel tube construction, made to store the Concorde Hanging Mat more efficiently. Features brackets 19" apart specially designed to hold 14 Yoga Mats on each side for a total of 28. 30" L 29" W x 72" H. 24kg. HEM6RACK



SKIPPING ROPE & TONER CART

Stores skipping ropes, flat bands and toners up to 9' long. Features 12 hooks and casters with breaks. Can hold up to 200 skipping ropes! $20"L \times 20.25"W \times 61"H$.

SRC



BOSU STORAGE RACK

Stores and transports up to 14 fully-inflated BOSU Balance Trainers. Made of durable steel, has heavy-duty, non-marking casters and fits through a standard doorway. Assembled size: 49.5" L x 25" W x 76" H.

BOSUCART

TERMS AND CONDITIONS

PRICING

All prices are subject to change without notice. Orders will be invoiced at pricing prevailing at time of shipment. All Canadian prices are Canadian dollars and F.O.B. Oakville (ON), taxes and freight not included. All USA prices are U.S. dollars and are F.O.B. Buffalo (NY), taxes and freight not included.

TERMS OF SALE

Terms are Net 30 days from Invoice date (unless otherwise specified).

2% Interest will be charged on all delinquent accounts.

All NEW customers are required to fill out and submit a completed Credit Application form before initial order can be processed. First order may require credit card payment as account/ terms are being processed.

ORDERS

All orders must be emailed to sales@360athletics.com. Failure to do so may result in a delay of your order being processed. Orders with a Dealer cost below \$75.00 CDN will incur a service charge of \$15.00 (unless approved by 360 Athletics). All drop shipped orders are subject to a \$6.00 surcharge.

BACK ORDERS

All back orders will ship F.O.B. Oakville (ON) as soon as they are available to ship. Freight charges are extra.

LOSS / DAMAGE IN TRANSIT

360 Athletics is not be responsible for goods lost or damaged in transit. Any damage or shortage in carton must be noted on the carriers delivery receipt and reported directly to the delivering carrier.

PACKING ERRORS / ORDER SHORTAGES

Packing errors must be reported within 48 hours of receipt of shipment. All claims must be accompanied by an invoice number, shipping number and an itemization of all shortages/ overages by product code, size and quantity. Adjustments can be made through customer service.

GENERAL RETURN POLICY

All returns must be pre-approved by 360 Athletic customer service department. Requests for approval of returns and Return Authorization number (RA#), must be received in writing via email or fax within 30 days of invoice date (unless approved by 360 Athletics). Goods ordered in error may be returned with authorization only. They may be subject to a 15% restocking charge, and are not subject to freight prepayment.

All products must be returned in their original packaging, are in re-sellable condition and are free of price stickers.

All returns must be accompanied by a valid Return Authorization

(RA) number. PLEASE SEND ALL RETURN REQUESTS TO: returns@360athletics.com. The RA # must be clearly marked on the outside of the shipping carton and/ or on the face of the shipping documents. Any returns not bearing a valid RA # may be shipped back

to the customer at customer's expense.

DEFECTIVE RETURNS / WARRANTY POLICY

Warranty returns on defective items MUST be approved by customer service, and have a valid RA # issued prior to prepaid return shipment. Whether product is defective will be determined in 360 Athletics sole discretion. Credit will be issued upon inspection of goods (items that have been misused & abused will not be accepted). Please visit the warranty section of our website for all product warranty timelines.

SAMPLES

Discounted samples may be available upon request. Please contact customer service.

TERMINATION

360 Athletics may immediately terminate Customer's ability, if any, to purchase goods on credit or otherwise at any time at 360 Athletics sole discretion. This includes, but is not limited to, 360 Athletics' ability to terminate or refuse to ship orders placed by Customer.

LIMITATION ON DAMAGES; STATUTE OF LIMITATION

360 ATHLETICS WILL NOT BE HELD LIABLE FOR ANY LOSS OF PROFIT, INTERRUPTION OF BUSINESS OR ANY OTHER SPECIAL, CONSEQUENTIAL, OR INCIDENTAL DAMAGES SUFFERED OR SUSTAINED BY CUSTOMER.

FORCE MAJEURE

We strive to provide the best possible service and ship orders within 48 hours of receipt and confirmation of order. If we are unable to do so, the customer will be notified at the time of placing the order. If a delivery date is specified, that delivery date is delayed by reason beyond 360 Athletics reasonable control and if, as a result of such a delay, the goods ordered are unavailable, 360 Athletics may substitute comparable goods. Additionally, in the event of a freight strike beyond 360 Athletics control, 360 Athletics may ship goods via another carrier without being subject to any penalties.

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